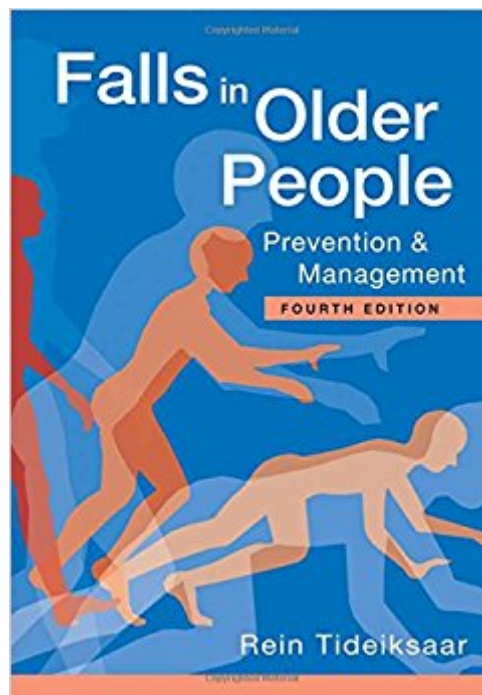




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Falls In Older People: Prevention & Management (Essential Falls Management)



Synopsis

Presenting evidence-based practices throughout, this easy-to-read manual is a comprehensive guide to preventing and managing falls in hospitals and long-term care settings. Now in its fourth edition, the award-winning guide explores the internal and external causes of falls, analyzes their consequences, provides clinical assessments for actual falls as well as risks for falling, and promotes an interdisciplinary approach to falls management. Jam-packed with practical strategies, assessment tools, and management practices, *Falls in Older People* includes all the medical, rehabilitative, and environmental strategies, needed in any care setting to protect the safety and health of at-risk older adults. Don't miss these useful features:

- * a foolproof, reliable, differential diagnosis screening tool that takes less than 10 minutes to use!
- * tie-ins to the MDS
- * recommendations for restraint reduction or elimination
- * forms, checklists, and summaries that can be easily adapted for in-service handouts
- * a practical "early-warning" system for fall risk

This is an essential resource for nursing and direct care staff responsible for care planning, along with geriatricians, allied health professionals, administrators, and professional and family caregivers. New to this edition!

- * A complete summary of the most up-to-date, evidence-based practices in falls management and prevention
- * Expanded guidelines and assessment tools
- * Step-by-step guidance for implementing both procedural and organizational best-practices
- * Home safety guidelines for patients and families
- * Nine additional case studies
- * Larger book size for ease of use

Book Information

Series: Essential Falls Management

Paperback: 376 pages

Publisher: Health Professions Press; Presenting evidence-based practice throughout, this easy-to-read manual is a comprehensive guide to preventing and managing falls in hospitals and long-term care settings. Now in its fourth edition, the award-winning guide explores the internal and external causes of falls, analyzes their consequences, provides clinical assessments for actual falls as well as risks for falling, and promotes an interdisciplinary approach to falls management. Jam-packed with practical strategies, assessment tools, and management practices, *Falls in Older People* includes all the medical, rehabilitative, and environmental strategies needed in any care setting to protect the safety and health of at-risk older adults. Don't miss these useful features: a foolproof, reliable, differential diagnosis screening tool that takes less than 10 minutes to use! tie-ins to the MDS recommendations for restraint reduction or elimination forms, checklists, and summaries that can be easily adapted for in-service handouts a practical "early-warning" system for fall risk

New to this edition! Expanded guidelines and assessment tools Step-by-step best-practice procedures from both process and organizational perspectives A complete summary of the most up-to-date, evidence-based practices in fall management and prevention Home safety guidelines for patients and families Nine additional case studies Larger book size for ease of use This is an essential resource for nursing and direct care staff responsible for care planning, along with geriatricians, allied health professionals, administrators, and professional and family caregivers. edition (May 18, 2010)

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Customer Reviews

Health. FALLS IN OLDER PEOPLE: PREVENTION & MANAGEMENT by Rein Tideiksaar (Health Professions Press, 312 pages, softcover, \$34.95, 978-1-932529-44-9): Written primarily for direct care and nursing staff, and others who participate in care and planning for the care of elderly people, this book thoroughly covers falls and their prevention. Nearly half of the book, which is now in its fourth edition, is devoted to resources: assessment tools, best management practices, home safety guidelines, and checklists. (Theresa Scollon Fore Word Reviews 2010-06-03) My first introduction to Rein was through Falls in Older People: Prevention and Management, 2nd edition, subsequently interacting with him professionally on a few fall prevention advisory panels.

Throughout the our relationship I have remained in awe of his single-minded focus on reducing the incidence of falls among our most vulnerable older adults, those in unfamiliar surroundings such as hospitals and long term care facilities. The general lack of effective inpatient and long term care facility fall prevention programs is challenging but should not preclude the implementation of an evidence-informed approach to maintaining a safe environment for older adults. A well educated staff with heightened awareness and standing protocols to promote a safe environment and

identification and management of at risk older adults can reduce falls and fall-related injuries. This expanded edition provides the reader with a solid foundation in the basics of aging, fall prevention and the evidence available on preventing falls. It should be the primary handbook of injury prevention/safety personnel in any facility housing older adult clients. For those of us who work in Fall Prevention we are fortunate to add to our resources another comprehensive, practical, evidence-informed fall prevention guide from the acclaimed author and fall prevention expert - Dr. Rein Tideiksaar. I am pleased to endorse this solid piece of work that focuses on an often overlooked population - health care providers who care for older persons in hospitals and nursing facilities. This fourth edition builds on a solid foundation of evidence on the causes and prevention falls and translates this knowledge into practical solutions in the form of assessment tools, care plans and detailed strategies for the application of least restraint policies, hip protectors, monitoring strategies, environmental modifications, discharge planning, and many others. A great strength of this book is the clear depiction of how proven strategies for prevention can be integrated into daily routine of health care providers in institutional settings. The book concludes with a useful set of case studies to help reinforce the wealth of new information and a series of answers to frequently asked questions sent to Dr. Tideiksaar over the years. This book is a must for all care settings for older adults. (Vicky Scott, Ph.D., RN, Director Centre of Excellence on Mobility, Fall Prevention & Injury in Aging br \>[REVIEWER'S EXPERT OPINION] - --Bonita Lynn Beattie, PT, MPT, MHA, Vice President, Injury Prevention Falls Free™ Initiative, National Council on Aging (Bonita Lynn Beattie, PT, MPT, MHA, Vice President, Injury Prevention Falls Free Initiative National Council on Aging"Dr. Tideiksaar has been active in the area of fall prevention for more than 25 years, and serves as an excellent guide to the development of a fall prevention program." --Doody's Review ServiceTideiksaar, who is associated with a company that provides educational, legal, and marketing services in connection with fall prevention for older adults, offers a guide for nursing and direct care providers, geriatricians, administrators, allied health professionals, and professional and family caregivers to preventing and managing falls in older people in acute and long-term care settings. He addresses the underlying causes and how to develop and maintain a fall management program, including medical, rehabilitative, and environmental strategies, and issues relating to restraints. This edition has updated chapters and exercises, with chapters on key process steps and interventions, organizational requirements and evidence-based practice, and new guidelines and forms for prevention programs. --Book News, Inc.

Rein Tideiksaar, Ph.D., is President of FallPrevent, LLC, a company that provides educational,

legal, and marketing services in connection with fall prevention in the elderly. Dr. Tideiksaar has been active in the area of fall prevention for over fifteen years. He has directed numerous research projects on falls and has developed fall prevention programs in community, assisted living, home care, acute care hospital, and nursing facility settings. Dr. Tideiksaar has written numerous articles and book chapters on falls and related topics. He is the author of *Falls in Older People: Prevention and Management*, Third Edition (Health Professions Press, 2002). In addition to two previous editions of this professional resource, he is the author of *Falling in Old Age: Its Prevention and Treatment*, Second Edition (Springer Publishing Company, 1997). From 2000 to 2003, Dr. Tideiksaar was the Senior Vice President of Fall Prevention and Injury Reduction Systems, ElderCare Companies, Inc., Point Pleasant Beach, New Jersey. Prior to 2000, he was Director of Geriatric Educational and Clinical Programs and Director of the Falls and Immobility Program, Department of Geriatrics, Southwest Medical Associates, Inc., Las Vegas, Nevada. He has also served as Director of Geriatric Care Coordination, Sierra Health Services, Inc., Las Vegas, Nevada, and Director of the Falls and Immobility Program, Department of Geriatrics and Adult Development, Mount Sinai Medical Center, New York, New York. Dr. Tideiksaar obtained a doctorate from Columbia Pacific University and a physician assistant certification from the State University of New York at Stony Brook. Dr. Tideiksaar completed his geriatric training at the Parker Jewish Geriatric Institute, New Hyde Park, New York.

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